Private · About 3 minutes

Grow Lab Check-In

Boston Youth Farm Project

Class number _____ Week ○ 1 ○ 4 Date _____

Your teacher reads each sentence aloud. Fill in the plant that shows how true it is for you. There are no wrong answers. Do not write your name.

	Not At All	A Little	Sometimes	Mostly	Totally
1. I feel like I belong at my school.	○	○	○	○	○
2. An adult at school notices when I am not there.	○	○	○	○	○
3. Students in my class help each other.	○	○	○	○	○
4. I get to help with things that matter in my class.	○	○	○	○	○
5. I took care of something this week.	○	○	○	○	○
6. I would try a vegetable I have never eaten.	○	○	○	○	○

BYFP Program Questions

	Yes	No	Not Sure
Have you ever grown your own food before?	○	○	○
Do you know where most of your food comes from before it reaches your plate?	○	○	○
When you eat, do you think about what's in your food and what it does for your body?	○	○	○
Do you feel connected to nature?	○	○	○

How to run it

The Check-In Protocol

Boston Youth Farm Project

Who Reads It	The classroom teacher reads each item aloud. Students answer on a device or on the paper form.
When	Week 1 before planting, and week 4 before harvest. Same items both times.
How Long	About three minutes. One item at a time.
Private Answers	Never by raised hands. Students answer where classmates cannot see.
No Names On Paper	Paper forms carry a class number, not a name. The teacher keeps the number list.
What Is Collected	Six answers on the seed-to-bloom scale, BYFP's program questions, the week, the class.
What Is Never Collected	Names on forms, recordings, home addresses, anything about health or family.
Opting Out	Families can opt a student out with the consent form, or by telling the teacher. A student can skip any item.

Each Item And Its Closest VOCAL Item

#	Check-In item	Closest VOCAL item (not equivalent)
1	I feel like I belong at my school.	SAFEMO3: I am happy to be at our school.
2	An adult at school notices when I am not there.	ENGREL3: My teachers care about me as a person.
3	Students in my class help each other.	SAFEMO10: Students will help other students if they are upset, even if they are not close friends.
4	I get to help with things that matter in my class.	ENGPAR16: Students plan and work on group projects that solve real-world (everyday) problems.
5	I took care of something this week.	No VOCAL item matches. This one is the grow lab's own: responsibility.
6	I would try a vegetable I have never eaten.	Wellness item. Gives "willing to try" a method.

VOCAL stems from the DESE grade 5 survey. Top two steps (Mostly, Totally) count as agreement.